## **Topic – Nutrition & Wellness**

Wurundjeri season – Waring (April – July) (Wombat)

# Wild minds

#### **KEY LEARNING AREAS**

#### Waring/Waring Season (April - July)

- This season, which falls from April to July, is characterized by cool and wet weather, misty mornings, and longer nights.
- Wombats become more active during the day, emerging from their burrows to graze and soak up the winter sunshine.
- Fungi emerge in the bush, and the land becomes richer and more texture https://inspiringvictoria.org.au/2020/08/13/seasons-in-the-sky/

#### The Elements of Music & EYLF Outcomes

#### Outcome 1 - children have a strong sense of identity

1.1 They share in social music making and learning

#### Outcome 2 - children are connected with and contribute to their world

- 2.1 They learn songs that reflect the seasons around them, the Wurundjeri season. They notice the changing landscape.
- 2.2 They take action to assist other children to participate in social groups

#### Outcome 3- children have a strong sense of wellbeing

3.1 increasingly co-operate and work collaboratively with others

Developmental	The Elements of Music	Key Word
Stage		Sign - Auslan
Nursery	Let's experience and immerse ourselves in music making. Mirroring	Caterpillar
	the teacher's sounds and gestures/patterns and enjoying playing a	
	range of baby safe instruments.	Strawberry
Toddlers	Let's experience beat, rhythm and pitch through movement and	_
	instrument playing. Mirroring the teachers' musical patterns and	Banana
	participating in singing, moving and playing.	Welcome
Kinder 3	Let's identify beat and rhythm through playing a percussive	weicome
	instrument, echoing the teachers' musical patterns. Let's	Emotions
	understand pitch through action and musical hand signs (Curwen	2.1101.101.10
	hand signs).	
Kinder 4/Pre-Prep	Let's practise our understanding of rhythm, beat and pitch. Let's	
	identify the difference between each Musical Element and practise	
	this through action and playing our xylophone.	

#### Share these links with your families and on your education portal

#### All songs available at YouTube@musicalmindsaustralia

Share this link or the YouTube handle above:

https://www.youtube.com/channel/UCs9N3gxQiMi3iO0tGrN7tyw/videos?app=desktop

Sing at home: Educational Resources for families - a selection of 8 songs from our current topic

Share this link for PDF materials & a selection of song videos:

https://musicalminds.com.au/elcsupportmaterials/

#### **ROUTINE SONGS**

## Musical Minds Weekly Routine Songs - Routine, familiarity & retention

- Come on in it's time for music
- Let's make a circle
- Shake and Stop
- We always have an acknowledgement of country
- At the end of class we sing the goodbye song using Key Word Sign Auslan

#### Wake up Puppet – solfège (solfa) – What is your music puppets name?

Learn to sing at pitch; FEEL the music kinaesthetically, SEE the music visually and HEAR the music aurally.

#### **HELLO SONG** - These songs are short and warm up the body & mind

- Warm up Chants: Articulation: Zucchini Chant/Rhythms
- Warm up Chants: Articulation: Banana Chant/Rhythms
- Hello, stop and action

#### CORE TOPIC SONG - Teach the lyrics in this song, through 'echo' or 'repeat after me'

Strawberries

#### TOPIC SONG - Repeat these songs where you can. Highlight all the elements of music

- Shake the Papaya Down (Jamaican Folk Song)
- The Very Hungry Caterpillar

#### **ELEMENTS SONGS – Focus on one Element of Music**

- Reduce, Reuse and Recycle
- Auslan Emotions Happy if you know it (Auslan emotions)
- Transition Songs, try yours at home! The Lunchbox Wrap/Rap

#### **LULLABY** – Rest and Relax

- Aeolian Lullaby
- Major to Minor
- Inanay (NAIDOC)

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#### **ROUTINE SONGS**

#### Routine, familiarity & retention

#### Welcome Song – Come On In It's Time For Music (Bethune)

Come on in it's time for music

Come on in its music time

We'll sing and dance and play along

We'll sing and dance all day long



#### Warm up – Shake (action - sound) and Stop (Silence) (Bethune)

We're going to shake and shake and stop

Shake and shake and stop

Shake and shake and stop

Then we'll shake some more

#### **Circle Song (we make music together)**

Let's make a circle, circle, circle

Let's make a circle it's music time.



Wake up puppet how are you today

$$So - mi - so - mi - do - do - re - do$$

$$G - E - G - E - C - C - D - C1$$



#### **HELLO/WELCOME SONGS**

#### These songs are short and warm up the body & mind

#### Z zucchini Chant

Z zucchini, z z zucchini Z zucchini, z z zucchini

Going to peel zucchini, peel, peel zucchini Going to peel zucchini, peel, peel zucchini

Going to slice zucchini, slice, slice zucchini Going to slice zucchini, slice, slice zucchini

Going to cook zucchini, cook, cook zucchini
Going to cook zucchini, cook, cook zucchini

Going to eat zucchini, eat, eat zucchini Going to eat zucchini, eat, eat zucchini Going to Stop...and do it again (repeat)

#### **B** banana Chant

Peel banana, peel, peel banana Peel banana, peel, peel banana

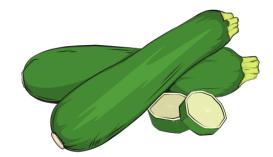
Slice banana, slice, slice banana

Slice banana, slice, slice banana

Mash banana, mash, mash banana Mash banana, mash, mash banana

Eat banana, eat, eat banana Eat banana, eat, eat banana

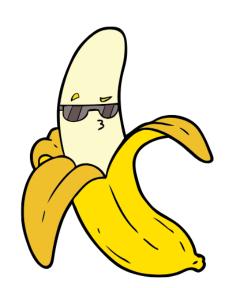
Go bananas, go, go bananas Go bananas, go, go bananas Going to Stop...and do it again (repeat)



#### Hello, how are you?

C
Hello, hello how are you?
F
Hello, hello how are you?
C
Hello, hello how are you?
G7
C
Rhythm idea
Stop and clap your hands ( Ta Ti Ti Ti Ta )

Action variations



# CORE TOPIC SONG Teach the lyrics in this song, through 'echo' or 'repeat after me'

#### **Strawberries**

- Download your reading music from the website.

Lyrics	Question   Answer	
<b>,</b>	Teacher   Child	
	Strawberries (tap knees)   Ripe to eat (tap knees)	
	Strawberries (tap knees)   What a treat (tap knees)	
	Strawberries (tap knees)   For me (clap)	
	Strawberries (tap knees)   For you (clap)	
	C F G7	
	Strawberries ripe to eat	
	C F G7	
	Strawberries what a treat	
	C Am	
	Strawberries for me	
	F G7 C	
	Strawberries for you	
Xylophone	G - AG - FE - D	
Kinder 4	G - AG - FE - D	
Killaci 4	G - AG - E- E	
	G - AG - C- C	
Solfa	s - Is - fm -r	
	s - Is - fm - r	
	s - ls - m - m	
	s - ls - d - d	
Rhythm	Ta ti- ti ti- ti ta	
4 beats in	Ta ti- ti ti- ti ta	
the bar	Ta ti-ti ta ta	
	Ta ti-ti ta ta	



## TOPIC SONG Repeat these songs where you can. Highlight all the elements of music

#### Shake the Papaya Down

(Jamaican folk song)

Mama says no play; This is a work day,

Up with the bright sun, get all the work done.

If you will help me climb up the tall tree,

Shake the papaya down.

Sweet, sweet papaya, fruit of the island,

When all the work's done, dance on the white sands,

If you will help me climb up the tall tree

Shake the papaya down.

Shake them down, shake them down,

Climb the tall tree, shake them down.

Shake them down, shake them down,

Shake the papaya down!

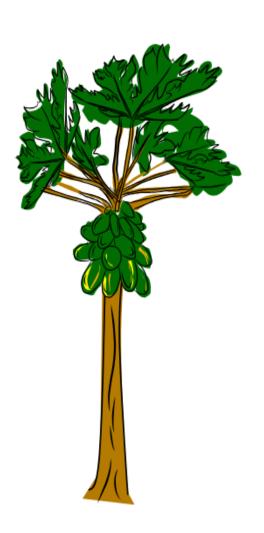
I love papaya, yes I do,

Juicy papaya, yes I do.

If you will help me, I'll help you,

Shake the papaya down!





#### **TOPIC SONG**

#### Repeat these songs where you can. Highlight all the elements of music

#### The Very Hungry Caterpillar

#### Chorus

A7 Dm

He was a very hungry caterpillar

\7 Dn

He ate and he ate, and he couldn't get enough

Dm

He was a very hungry caterpillar

A7 Dr

He ate and he ate, and he couldn't get enough

#### Verse 1

On Monday he ate through one apple Tuesday he ate through two pears On Wednesday he through three plums And Thursday he ate through four Strawberries

#### Chorus

#### Verse 2

On Friday he ate through five oranges Saturday he ate through 10 sweet treats By then he had a stomach ache Ohhhhh! So he ate through one green leaf

#### Chorus

#### Verse 3

Now, he wasn't small anymore He was a great big caterpillar He made a cocoon around himself And stayed inside for 2 whole weeks

#### Chorus

#### Verse 4

Then he nibbled a hole and pushed his way out and then he was a BEAUTIFUL BUTTERFLY!

Now that's the story of the very hungry caterpillar who ate and he ate and couldn't get enough











## ELEMENTS SONGS Focus on one Element of Music

#### Reduce, Reuse and Recycle

#### Verse

C F G7

Let's work together to get the job done
G7 F. C

Working together with everyone
C F G7

We can care for our planet today
G7 F C

So we can share in its wonder, hooray



#### Chorus

C

Reduce what we use

F

Reuse what we buy

G7

Recycle what we can

С

Don't throw it away. REPEAT

#### Verse

A bottle we can refill with water to drink A worn - out sock is a puppet friend A old drawing becomes new again Let's work together to mend our Earth

#### Chorus x 2

Reduce what we use Reuse what we buy Recycle what we can Don't throw it away. REPEAT

Every little step we take to today
Will stop the Earth from decay
Let's work together to care for our world
It's yours its mine, so let's treat it with respect



## **ELEMENTS SONGS**Focus on one Element of Music

#### If You're Happy and You Know It (emotions in Key Word Sign)

C
F
If you're happy and you know it, clap your hands (TAP TAP)
F
C
If you're happy and you know it, clap your hands (TAP TAP)
F
C
If you're happy and you know it, then you really ought to show it
F
G7
C
If you're happy and you know it, clap your hands

If you're angry and you know it, stomp your feet
If you're angry and you know it, stomp your feet
If you're angry and you know it, then you really ought to show it
If you're angry and you know it, stomp your feet

If you're sad and you know it, touch your toes
If you're sad and you know it, touch your toes
If you're sad and you know it, then you really ought to show it
If you're sad and you know it, touch your toes

If you're excited and you know it, wiggle around
If you're excited and you know it, wiggle around
If you're excited and you know it, then you really ought to show it
If you're excited and you know it, wiggle around

If you're tired and you know it, lay down
If you're tired and you know it, lay down
If you're tired and you know it, then you really ought
to show it
If you're tired and you know it, lay down

If you're happy and you know it, jump for joy
If you're happy and you know it, jump for joy
If you're happy and you know it, then you really
ought to show it
If you're happy and you know it, jump for joy



#### The Lunchbox Rap...Wrap

(Rhythmic chant/rap)

Wrap, wrap, wrap-wrap, wrap it up!
Wrap, wrap, wrap-wrap, wrap it up!
And put it in your lunch box!
1, 2, 3, 4,

Tomato, wrap, wrap-wrap, wrap it up!

Lettuce, wrap, wrap-wrap, wrap it up!

Cheese, wrap, wrap-wrap, wrap it up!

Falafel, wrap, wrap-wrap, wrap it up!

And put it in your lunch box!

1, 2, 3, 4,

Tabouli, wrap, wrap-wrap, wrap it up!

Carrot, wrap, wrap-wrap, wrap it up!

Chilli peppers, wrap, wrap-wrap, wrap it up!

Tahini, wrap, wrap-wrap, wrap it up!

And finish every last bite!



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## LULLABY Rest and Relax

#### **Aeolian Melody (natural minor)**

Dm

Go to sleep baby

Dm

loo loo loo loo

Am

Close your eyes and go to sleep

Am Dm while I sing to you

#### Minor to Major (tonalities)

Andrew Donald

Sometimes the sun is shining Sometimes the clouds drift by Sometimes I feel like smiling Sometimes I'd rather cry

The sun must set before it gets brighter Sometimes it's major and sometimes it's minor There are few things greater

Than the change from minor to major

#### **Inanay (Torres Strait)**

Inanay gupu wanna Inanay gupu wanna Ay ay ay oola Oola oola oola ay Yippee yay yipee yay Goo wana goo wana Goo wana goo wana Goo wah - Choo!



## ROUTINE SONG Routine, familiarity & retention

**GOODBYE SONG – Key Word Sign (Auslan signs)** by Tanya Bethune



Key Words: Goodbye, Time, To go, We, Day.

Goodbye (sign), goodbye it's time (sign) to go (sign) Goodbye (sign), goodbye it's time (sign) to go (sign) We (sign) must say, you made our day (sign) Goodbye (sign), goodbye it's time (sign) to go (sign)

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Sing at home: Educational Resources for families

Share this link for PDF materials & a selection of song videos:

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